



Notice distress, listen carefully, respond helpfully

## Comparison of face to face and online SAGE & THYME training - Updated 4 March 2021

### 1. Teaching foundation level communication skills

	SAGE & THYME Foundation Level workshop	SAGE & THYME Online
<b>Delivery method</b>	Face to face	Online
<b>Duration</b>	3 hours	2 hours 45 min
<b>Number of delegates</b>	30	20
<b>Number of facilitators</b>	3	2-3
<b>Teaching venue</b>	Manchester or venue of customer's choice	Zoom
<b>Similarities</b>	<ul style="list-style-type: none"> <li>• Use of Cleveland Clinic empathy film</li> <li>• Group work 1 – how to notice and respond to distress</li> <li>• Group work 2 – how SAGE &amp; THYME structure fits current knowledge</li> <li>• Group work 3 – what has been learnt</li> <li>• Film demonstrating SAGE &amp; THYME in a conversation</li> </ul>	
<b>Differences</b>	<ul style="list-style-type: none"> <li>• Presentation explaining SAGE &amp; THYME gives background and evidence before structure is described</li> <li>• Two rehearsals demonstrating SAGE &amp; THYME using scenarios from the delegates</li> <li>• Evaluation via paper survey</li> </ul>	<ul style="list-style-type: none"> <li>• Presentation explaining SAGE &amp; THYME explains structure and evidence for each element of SAGE &amp; THYME in turn using conversation style presentation</li> <li>• Stop/start film demonstrating SAGE &amp; THYME – with group discussion at each stopping point</li> <li>• Use of polls and chat</li> <li>• Evaluation via online survey</li> </ul>

### 2. Teaching people to become SAGE & THYME Facilitators

	SATFAC	Online SATFAC (OLS) + Assessment
<b>Delivery method</b>	Face to face	Online
<b>Duration</b>	2 days	1.5 days for Online SATFAC (OLS) 0.5 days for Assessment (about 1-2 weeks after OLS)
<b>Number of delegates</b>	12	12
<b>Number of facilitators</b>	2	2
<b>Teaching venue</b>	Manchester or venue of customer's choice	Zoom
<b>Programme overview</b> (note that OLS is still evolving)	<ul style="list-style-type: none"> <li>• Ground rules and evidence base</li> <li>• Presentation</li> <li>• Running group work</li> <li>• Clarity about foundation level skills</li> <li>• Roles in the rehearsals and demonstration</li> <li>• Rehearsals practising – 12 sessions</li> <li>• Written test on SAGE &amp; THYME</li> <li>• SAGE &amp; THYME Online summary</li> <li>• Round up of any outstanding issues or questions</li> </ul>	<ul style="list-style-type: none"> <li>• Rehearsal to embed understanding of SAGE &amp; THYME and foundation level skills</li> <li>• Test of SAGE &amp; THYME using polls</li> <li>• Skills for teaching online</li> <li>• Facilitator skills for group work 1</li> <li>• Evidence base</li> <li>• Practice giving presentation</li> <li>• Group work 2</li> <li>• Explaining and practising stop/start film</li> <li>• Group work 3</li> <li>• Practicalities of teaching online and round up</li> </ul>
<b>Method of assessment</b>	During the SATFAC course	During the Assessment session
<b>People who pass can teach</b>	SAGE & THYME Foundation Level workshop SAGE & THYME Online (after some extra study using available resources)	SAGE & THYME Online <u>Parts</u> of SAGE & THYME Foundation Level workshop (after coaching from people who have passed SATFAC)